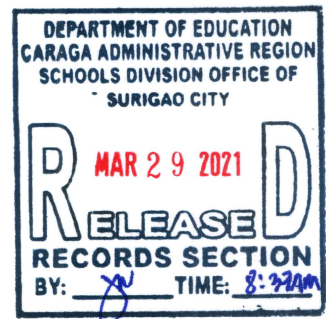




Republic of the Philippines
Department of Education
Caraga Administrative Region
SCHOOLS DIVISION OFFICE OF SURIGAO CITY



March 26, 2021

Division Memorandum
No. 093 s. 2021

ANNUAL PHYSICAL EXAMINATION OF ALL DEPED EMPLOYEES (TEACHING AND NON-TEACHING PERSONNEL) FOR FY 2021

1. Pursuant to **Regional Memorandum No. 186, s. 2021** entitled Annual Physical Examination of All DepEd Employees and **DepEd Memo No. 22, s. 2015**, and as per **RA 11223** or the Universal Health Care Act and its Implementing Rules and Regulations, all teaching and non-teaching personnel are required to undergo an Annual Physical Examination.
2. This medical examination aims to ensure that our teaching and non-teaching personnel is healthy and resilient especially on performing their duties and responsibilities in their respective assigned areas during this time of COVID-19 pandemic.
3. The deadline of submission of all **Annual Health Examination** shall be on or before **May 31, 2021 (Monday)** at Division Office Health section, to give ample time for division consolidation. The consolidated report will be submitted to the Regional Office on or before June 15, 2021.
4. For your information, guidance and compliance.
5. Wide and immediate dissemination of this Memorandum is hereby advised.
6. Attached herewith the Regional Memorandum No. 186, s. 2021 for reference.


KAREN L. GALANIDA, Ph.D, CESO V
Schools Division Superintendent

fgsf03262021



M. Ortiz Street, Barangay Washington, Surigao City, Surigao Del Norte.
(086) 826-1268; (086) 826-3075; (086) 826-8931.
surigao.city@deped.gov.ph
<http://depedsurigao.city.com>



Republic of the Philippines
Department of Education
CARAGA REGION



March 25, 2021

REGIONAL MEMORANDUM

No. 186, s. 2021

To: SCHOOLS DIVISION SUPERINTENDENTS
This Region

ANNUAL PHYSICAL EXAMINATION OF ALL DEPED EMPLOYEES

1. The Department of Education recognizes the necessity to keep our teaching and non-teaching personnel healthy and resilient considering that their physical well-being has a significant impact on the delivery of services especially during this time of the COVID-19 pandemic.
2. Pursuant to the DepEd Memo 22, s 2015 entitled Annual Physical Examination of DepEd Employees (Teaching and Non-Teaching personnel) and as per RA 11223 or the Universal Health Care Act and its Implementing Rules and Regulations, all teaching and non-teaching personnel are required to undergo an Annual Physical Examination.
3. The medical examination aims to ensure that all employees are physically fit to perform their assigned tasks and functions.
4. The following diagnostic tests are required:
 - a. Chest Xray PA view (except for pregnant women)
 - b. Complete Blood Count
 - c. Urinalysis
5. For personnel with existing comorbid conditions (e.g. hypertension, diabetes mellitus, chronic kidney diseases, cardiovascular diseases, etc.) the following additional laboratory tests are required:
 - a. Lipid Profile
 - b. Fasting Blood Sugar
 - c. Creatinine
 - d. SGPT
 - e. BUA
 - f. ECG
6. Laboratory results shall be attached to CS Form 86 to be signed by a Medical Officer or any government physician for medical clearance.




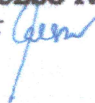
Address: J.P. Rosales Avenue,
Butuan City
Trunkline No: (085) 342-8207
Telefax No: (085) 342-5969
Email: caraga@deped.gov.ph



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7. Compliance to the existing IATF protocols and minimum public health standards must be observed when doing the said laboratory examinations and during the physical examination.
8. Consolidated reports on the Annual Health Examination shall be submitted via email through caragaessd.hnu@deped.gov.ph on or before June 15, 2021.
9. For your information, guidance and compliance.


EVELYN R. FETALVERO, CESO IV
Regional Director 

Encls.: NONE
Reference: NONE
To be indicated in the Perpetual Index
under the following subjects:

ANNUAL PHYSICAL EXAMINATION DEPED PERSONNEL

ESS/jcc
03/25/2021