



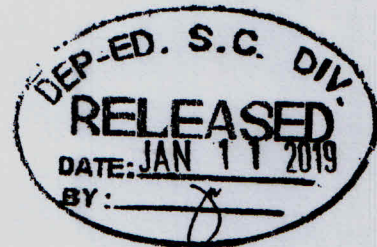
January 11, 2019

DIVISION MEMORANDUM

No. 06 s. 2109

**ANNUAL PHYSICAL EXAMINATION OF TEACHING AND NON-TEACHING PERSONNEL
FOR SY 2018-2019**

TO: Assistant Schools Division Superintendent
Chiefs – CID and SGOD
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
Division Office Unit Heads
Teaching and Non-Teaching Personnel
This Division



1. Attached herewith is the Regional Memorandum No.012, s 2019. For your perusal that all Teaching and Non-teaching personnel of this division shall undergo the Annual Physical Examination as required for your health and welfare.
2. Widest dissemination and strict compliance of this memorandum is desired.

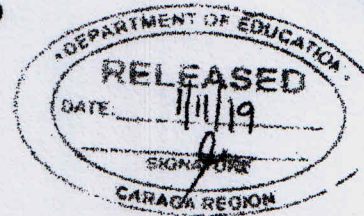
For:

GILDA G. BERTÉ, PhD, CESO VI
Schools Division Superintendent



January 9, 2019


REGIONAL MEMORANDUM
No. 612, s. 2019



SUBJECT: ANNUAL PHYSICAL EXAMINATION OF TEACHING AND NON-TEACHING PERSONNEL

**TO: ALL SCHOOLS DIVISION SUPERINTENDENTS
CHIEFS OF FUNCTIONAL DIVISION
This Region**

1. The Civil Service Commission Memorandum Circular No. 17, s. 1989 states that All DepEd Teaching and Non-Teaching Personnel shall undergo annual physical examination.
2. The Annual Physical Examination shall be conducted to ensure that employees are physically fit to perform their assigned roles and functions to give quality, healthy and safe services as public servant.
3. All DepEd Employees are required to undergo Laboratory or Diagnostic tests which includes:
 - A. Complete Blood Count (CBC), Urine Analysis, standard Chest X-ray (except for pregnant women). Pregnant women are required to submit Sputum Analysis in lieu of Chest X-ray.
 - B. Additional tests:
 - a. For female employees, Pap smear (21 years old and above) and Mammogram (40 years old and above)
 - b. For male employees, Digital Rectal Exam and prostate screening (40 years old and above).
 - c. For Personnel who are 40 years old and above and those who are Hypertensive and Diabetic: Fasting Blood Sugar (FBS), Lipid Profile, Creatinine, Uric Acid, SGPT and ECG
4. All personnel who had their laboratory/medical examination six (6) months before the schedule will still undergo the annual physical examination except Chest X-ray.
5. Oral Dental Evaluation is also required to all personnel as part of Annual Dental Clearance.
6. Form 86 will be utilized in accordance to DepEd Memorandum No.22, s. 2015.
7. A consolidated report on the Annual Health Examination shall be submitted to the Regional Office on or before May 31, 2019.
8. For your information and strict compliance.


FRANCIS CESAR B. BRINGAS, CESO V
OIC - Regional Director