



Republic of the Philippines
DEPARTMENT OF EDUCATION
Region XIII



SCHOOLS DIVISION OFFICE OF SURIGAO CITY
Roxas St, CV Diez MCES Compound, Brgy. Washington Surigao City
Telefax: (086) 826-3075; Tel Nos. (086) 826-8931, 826-1268

September 20, 2019

DIVISION MEMORANDUM

No. 286, 2019

DepEd ANIBERSARYO: DUGO KO, TULONG KO

To: Asst. Schools Division Superintendent/Chiefs, CID and SGOD
Education Program Supervisors
Public School District Supervisors
Principals/School Heads
Section Heads
This Division



1. Surigao City Division will celebrate its 45th anniversary on October 10-11, 2019. Concurrently, October is also the School Health Month.
2. Relative to this, the Schools Division of Surigao City, in partnership with the City Health Office and the Caraga Regional Hospital Blood Letting Team, will conduct a Bloodletting Activity on **October 10, 2019 from 8:00 a.m. to 12:00 noon** at the **3rd Floor Function Hall of the Schools Division Office**. This activity aims to promote the culture of voluntary blood donation in the Department of Education Caraga region; create awareness among Surigao City Division teaching, non-teaching, and teaching-related personnel that blood donation is a humanitarian and altruistic act; and encourage personnel to donate blood regularly. Moreover, this is in adherence to Republic Act No. 7719, also known as the National Blood Services Act of 1994.
3. Initial requirements for the donors are the following:
 - a) weight 50 kilos and above;
 - b) pulse rate of 60-100bpm; and
 - c) blood pressure with systolic of 90-160 and diastolic of 60 – 100mmHg.

Temporarily disqualified are the following:

- a) pregnant;
- b) those with fever;
- c) those who have drunk wine/liquor/beer within 12-24 hours prior to the bloodletting; and

"We serve with GOD (goodness, openness, dignity)..."



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Caraga Administrative Region
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- d) those with tattoo or ear piercing in any parts of the body for less than 1 year; and
e) those newly operated.

Permanently disqualified from the bloodletting are persons who:

- a) have cancer, heart problem, lung problem, hepatitis B and C, AIDS and STD; and
b) are with high-risk occupations (prostitutes), have multiple sex partners and the like.

4. Awards will be given to school districts with highest number of donors.
5. "Your simple act of heroism will save lives."
6. Immediate dissemination is desired.


FLORENCE E. ALMADEN, CESE
OIC – Schools Division Superintendent

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